



Pilgrim Lutheran School
Curriculum – Preschool
(Three year olds)

Cognitive Skills	
<ul style="list-style-type: none"> • Categorize objects by attributes, such as shape, color, or size • Identify basic shapes • Identify primary and secondary colors • Identify numbers up to ten • Name and point to body parts • Listen to and follow simple instructions • Experience different types of literature: picture books, big books 	<ul style="list-style-type: none"> • Participate in dramatic and role play activities • Understand prepositions (in/out) and opposites (up/down) • Sing familiar songs and finger plays • Create artwork using a variety of materials • Count to 10 • Develop one-to-one correspondence when counting objects to ten
Fine-Motor Skills	
<ul style="list-style-type: none"> • Hold a crayon and marker with fingers instead of a fist • Use scissors to cut • Control paint and paintbrush • Work puzzles • Use lacing cards, string beads, and peg boards • Build with blocks 	<ul style="list-style-type: none"> • Catch a ball • Hop on one foot • Balance on a beam • Ride a tricycle • Roll Playdough into a ball • Put on a jacket by self • Button and unbutton • Zip zipper
Social Skill Development	
<ul style="list-style-type: none"> • Play cooperatively with peers • Participate in clean up activities • Follow simple directions • Use words to express feelings • Work within a group setting 	<ul style="list-style-type: none"> • Negotiate during play with peers • Develop turn taking skills • Understand and follow basic classroom rules
Centers	
<ul style="list-style-type: none"> • Dramatic play • Building/Blocks • Puzzles/Manipulatives 	<ul style="list-style-type: none"> • Sensory development • Art • Class library
Special Subjects/Classes	
<ul style="list-style-type: none"> • Motor skills • Library • Chapel • Weekly cooking • Music • Science experiments 	<ul style="list-style-type: none"> • Physical Education • Singing performances for Christmas services, spring musicals, Grandparents Day, etc. • Faith Development